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**CENTER FOR DERMATOLOGY AND LASER SURGERY**

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Patient:

Procedure Date:

**PICOSURE LENS ARRAY AFTER CARE INSTRUCTIONS**

- Warmth or heat sensation is expected and will last for about (1) hour. Apply cold wash cloth to face if needed for comfort.
- Avoid topical retinoid, glycolic acid, or salicylic acid for 3-4 nights.
- Use nonsoap cleanser and gentle moisturizer.
- Makeup may be applied the next day.
- Avoid sun exposure and use minimum SPF 30+ broad spectrum sunscreen every day, reapplying frequently.
- Redness and swelling can last 1-3 days or longer.
- There may be a slight darkening (bronzing) of the skin noticeable 3-10 days post treatment, and should resolve without intervention.
- Call the office if you have any blistering or have any questions or concerns.