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CENTER FOR DERMATOLOGY AND LASER SURGERY

5601 J Street

Sacramento, CA 95819

Patient:

Procedure Date:

MULTIPLEX/AFFIRM AFTER CARE INSTRUCTIONS

- Continue to ice on and off for 15-30 minutes, do not leave ice on skin.
 - Avoid Topical Retinoid, glycolic acid, or salycilic acid for 2-3 nights
 - Makeup may be applied the next day.
 - Use minimum SPF 30 UVA/UVB every day.
 - Redness and swelling can last 1-3 days or longer
 - Continue to use nonsoap cleanser and moisturizer.
 - Call the office if you have any blistering.
 - Call the office if you have any questions or concerns.
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